

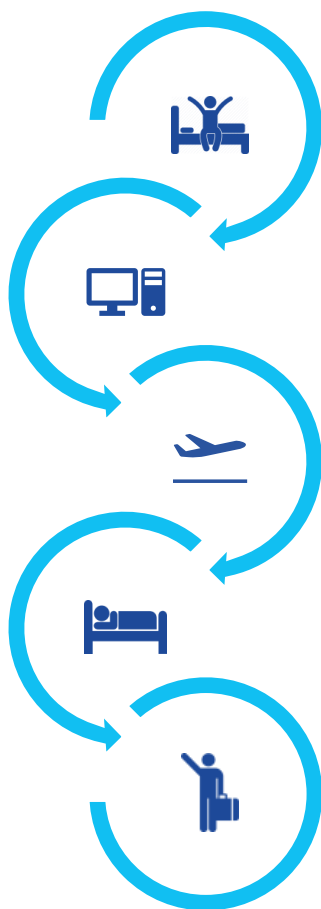
# Welbees Fatigue Study

## Quick Reference Card



*Diagnose the current fatigue risk exposure of  
French Bee's flight crew and cabin crew*

**Register your data during a minimum of 15 days:**



### After waking up

Fill in the sleep

### When arriving at work

Optionally, add the commute

### When starting your duty

Add the work activity  
(flight, stand-by or ground duty)

### When taking a nap

Fill in the sleep

### When finishing your duty

Rate your peak fatigue of the previous  
activity (on TOD for flight)



**Conform to GDPR**



<https://analytics.timewiks.com/>



[support@timewiks.zohodesk.eu](mailto:support@timewiks.zohodesk.eu)

✓ **Entirely secure**  
✓ **De-identified data**